**Equipment:**

* **Ruler**
* **Lighting**
* **Penlight**
* **Gloves**
* **Magnifying glass**
* **Woods lamp**
* **Nail Assessment (PE Technique) :**
* **Inspection**
* **Color**
* **Normal : pink**
* **Abnormal: Pale, Bluish**
* **Hygiene: Clean, Wally trimmed**
* **Abnormal: Dirty ,**
* ***Consideration : client work , educate for cleaning***
* **Shape: Convex ,the angle between the nail bad and the nail is 160 degree**
* **Abnormal:**
* **spoon shape**
* **180 degree ,early clubbing**
* **More than 180 degree , late clubbing**
* **Beau’s line**
* **By Palpation :**
* **Texture**
* **Normal: smooth & thin**
* **Abnormal: Hard & thick**
* **Vascularity**
* **Assessed by Blanch test ( refill) normal color returned within 2 second**
* **Skin Assessment PE Technique**
* **Inspection**
* **Color :** Evenly white to light brown
* Abnormal: pale, cyanosis , yellowish & Erythema ( local or general)
* **Marks and pigmentation :**
* Moles ,naive & birth marks normal
* Abnormal : changing of Moles ABCD
* **Pigmentation :**
* **petechiae** pin point red flat impalpable discoloration of skin
* **Purpura** : hemorrhage into skin caused by decrease platelet ,liver disfunction
* **Ecchymosis** : discoloration of skin called black and blue mark due to trauma

**Lesions:**

**Macule** : red ,less than 1cm flat as freckle

**Papule** :Solid elevated less than 0.5 cm such as warts & nevi

**Patch** : red flat more than 1cm 1stage pressure ulcer

**Nodules** : Solid elevated deep than papule within 0.5-2 cm such as cyst